

Good morning, Church. Daily Reading, Proverbs 15

Psalm 34:1-3 "I will bless the Lord at all times;

his praise shall continually be in my mouth.

My soul makes its boast in the Lord;

let the humble hear and be glad.

Oh, magnify the Lord with me,

and let us exalt his name together!" (ESV)

Last Friday, I asked anyone who had a praise that I could share in my devotion to text it to me to send out. Here was my first one, and it was from Dick S.

"Praising our Lord. I believe our all-knowing Father blesses us because He knows we will thank him after escaping catastrophic events. True or not, I love believing so."

When life is hard and one's heart is heavy, this is the time to run toward God and not away from His never-ending supply of grace. Psalm 34 reminds us to praise God in the good times, as well as the hard times.

"When we seek the LORD in prayer, He answers and delivers us in our moments of fear."
(Vs. 4)

When life is hard, it is easy to get down, begin to blame God, and walk away from His care. But heartache and stress are the reasons to run toward and not away from God. To continue to seek and trust in His closeness. To know He always cares and carries us through all life's hard moments.

When things are hard, meditate on encouraging verses in the word, such as Psalm 34. "The eyes of the Lord are toward the righteous and He hears your cries." (Vs. 15)

