

Good morning, Church. Daily Reading, Acts 1. (Remember, we started the year off by reading the Gospel of John.)

Isaiah 26:3 "You keep him in perfect peace whose mind is stayed on you, because he trusts in you." (ESV)

My friend shared this verse with me, and it went perfectly with what Chris shared at Men's Breakfast. His devotion was on the resilience of a spring and how a spring has many of the same chemical compounds that we do. (Honestly, the chemistry part was above my pay grade).

But, when he gave the spring to Terry and asked him to try and pull it apart, well, the results were obvious. What was a spring turned into a dangling Christmas ornament, and had completely lost its resilience.

There are times we feel like we are being stretched. We are pulled in this direction by one force and then the complete opposite direction by another force. Family needs, work commitments, time constraints, financial burdens, too much of this, and not enough of that. We try to be flexible like a rubber band, but even rubber bands snap.

As we trust in God, He will keep our minds in perfect peace. What kind of peace? Perfect peace!

"Perfect peace is not the absence of conflict but an all-encompassing sense of security. Perfect peace will always keep our hearts and minds anchored in Christ." (Gotquestions)

Philippians 4:7 "And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus." (ESV)

Trusting in Christ, His word, and His promises are requisites for receiving His peace. Not just believing God is, but trusting that He wants the very best for you. And by following His will, by surrendering all areas of life to God, He will bring peace to our lives. David trusted God to lead him in the paths of righteousness so that when he walked through the valley of the shadows of death, God was there to comfort him.

In the midst of the chaos, trust in the presence of Christ to bring the peace we all so desperately need.