

Good morning, Church. Daily Reading, Proverbs 6.

Have you ever been at a loss for words? You went out of your way to help someone, and they ended up taking advantage of you. Then, just as you were getting over that "mistake," the person had the nerve to ask for something else. You just didn't know what to say.

We know what we want to say, but we hold our tongues. But what about when it comes to prayer? What happens when we are so hurt, broken, or lost, that we just don't know what to pray or how to pray about our situation? What do we do then?

Romans 8:26-27 "And the Holy Spirit helps us in our weakness. For example, we don't know what God wants us to pray for. But the Holy Spirit prays for us with groanings that cannot be expressed in words. And the Father who knows all hearts knows what the Spirit is saying, for the Spirit pleads for us believers in harmony with God's own will." (NLT)

At times, we might not know what God is trying to do in our lives or why He allows certain things to happen, and so we don't know how to pray in that moment. Yes, we can always pray for the perfecting of our souls, but what about when we are at a loss over a specific need?

This is when we trust the Holy Spirit, who lives within us, to lead us in prayer, with groanings too deep for words. "The Holy Spirit dwelling in us, knowing our needs better than we, Himself pleads in our prayers, raising us to higher and holier desires than we can express in words, which can only find utterance in sighings and aspirations." (Alford)

When our words are lacking in power and understanding of how to pray for a specific circumstance, God the Father, who knows the mind of the Spirit, who intercedes for the Saints that we might follow the will of God and find the answers we seek.

In prayer, we are never at a loss for words. Since the Holy Spirit is always present to come alongside us, He enters into communion between us and the Father and speaks that we might follow His will.