

Good morning, Church. Daily Reading, Proverbs 21.

Matthew 6:9-13 "Our Father in heaven, may your name be kept holy.

May your Kingdom come soon. May your will be done on earth, as it is in heaven.

Give us today the food we need, and forgive us our sins, as we have forgiven those who sin against us.

And don't let us yield to temptation, but rescue us from the evil one." (NLT)

At the end, some translations use the words, "Lead us not into temptation, but delivered us from evil." We should never think that God would lead us toward temptation. He does just the opposite, He keeps us and protects us from the tempter as we keep our mind stayed on Him and pray with a sincere heart for protection.

From a friend. "I spill out my heart to you and tell you all my troubles."

PSALM 142:2 TPT

"The prayers heard in church might not be the most sincere.

Christians don't like to talk openly about addictions, personal accounts of lust, alcoholism, or even depression.

Going into church as we are, with all our messy emotions apparent, takes a lot more bravery than most have.

But this is the exact honesty God wants us to have with him and hopefully with those close to us. He wants us to spill our hearts out to him and share our troubles so we can grow close to him.

The first step we can take to lead us away from God's presence is to resort to prayers of formality and insincerity.

God is a friend to confide in, a captain to follow, and a father to hold us in our brokenness. If we treat him like a stranger, we will estrange ourselves from his glorious presence.

Oh Jesus, please teach me to pray openly. I want to pray sincerely and without pride or haughtiness. I can't do anything without you, so please give me the words I need to pray. In Jesus' name, AMEN"